

What is Shabeh Jomeh?

Shabeh Jomeh is a monthly gathering of Iranian professionals living in the metropolitan areas of major cities. The event is designed to improve upon existing professional and social relations and is intended to be the platform for exchanging ideas and improving Iranians' professional standing in our communities. This gathering is a non-political, non-religious event and is open to all professionals. Shabeh Jomeh has created a bond between all of our communities and a great network upon which we can all capitalize. Each Shabeh Jomeh has its own character within the framework of the simple formula highlighted—building a community to help us both socially and professionally advance.

What does Shabeh Jomeh mean?

Shabeh Jomeh literally means "night of Friday" - but its literal translation is deceptive. Shabeh Jomeh actually is a reference to "Friday eve" (or Thursday night). In Iran, Shabeh Jomeh has a number of significances. Shabeh Jomeh is the beginning of the weekend for Iranians. Shabeh Jomeh, traditionally, is the night to go out or entertain family and/or friends. It also has been known to be the "night of mischief". Shabeh Jomeh is the night for the gatherings and the name of the network – a link to Iranians globally.

How did Shabeh Jomeh begin?

Shabeh Jomeh was started in New York in February 2000 by a group of friends who wanted to organize a gathering of Iranian professionals in the New York area with a different twist – the goal was to set up a forum for individuals to socialize, engage in professional networking and exchange ideas. They wanted it to have a very simple formula: it had to be cool and no frills – it had to be about community building and not about exclusivity. It had to be open and optional, easy and fun – and, it had to be non-political and non-religious.

How did Shabeh Jomeh expand?

New York gained momentum and eventually word got out! Professionals from other major cities took the initiative to start up chapters with the same vision. Not only did expansion have a tremendous impact on the local cities, but also was the catalyst to Shabeh Jomeh's international expansion. The fantastic thing is that all chapters meet simultaneously on the same night in each location.

When did Shabeh Jomeh start?

New York	February 2000
Chicago	January 2003

London	March 2003
Seattle	May 2003
DC Metro	July 2003
Los Angeles	September 2004
San Jose	December 2004
San Francisco	December 2004
Boston	April 2005
Atlanta	April 2005
Vancouver	Coming spring 2009
Houston	Coming spring 2009
Jacksonville	Coming spring 2009

Who can I contact for more information?

Executive Director: Neda Nabavi

Email: Info@shabehjomeh.com

Phone Number: 312.287.1355

Website: <http://www.shabehjomeh.com>

Local chapters can be contacted via email, for more details visit our site.

Are Any Shabeh Jomeh Leaders Here?

Yes, the below Chapter Leaders are available for you to speak with.



Sherean Azarmi
Boston



Sherry Hakimi
Boston



Neda Nabavi
Executive Director



Hani Orangi
San Jose



Shahrooz Shahnavaaz
Los Angeles

About Networking, Tips, & Strategies

Definition of Networking

The exchange of information or services among individuals, groups, or institutions; *specifically*: the cultivation of **productive relationships for employment or business**.

Have an "Elevator Speech"

Prepare an "elevator speech" that is a succinct personal introduction on your most important skills, accomplishments, and assets.

Contact People You Already Know

Start your network by contacting friends, family, faculty, and former employers. These connections might know of existing opportunities or know of people currently working in the career field that is of interest to you.

Keep Active in Your Search

Although you may be just visiting a friend or attending a neighborhood party, take these opportunities to speak with people about areas of interest to you. These are great opportunities to meet new people in a casual and informal environment and letting them know that you are and what you are involved in.

Join Professional Associations

Professional associations can provide a new list of contacts for networking. Associations provide an opportunity to read publications and trade journals that professionals in the field are interested in.

Do Your Research

Read everything you can to learn more about your field (fields of interest) and find the types of organizations where people in this field get hired. Professionals will be more likely to take an active interest in your search if you have taken the time to do your research and know what you are talking about.

Build Relationships

Developing relationships will keep you in the communication loop and provide you with ties to important contacts and key players. By helping others in their development, you will establish mutually beneficial relationships that can exist throughout your career. This is what networking is all about.

Send Thank You Notes/Follow Up Emails

Show your appreciation by sending thank you notes when appropriate. Sending thank you notes as a follow to interviews and new introductions is not only courteous but will also create a favorable impression that may lead to future opportunities.

Maintain Your Network

Maintain your network by keeping in touch with the people you meet and be sure to update them on your progress. This will help ensure an ongoing mutual relationship where networking becomes beneficial to both parties.



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Bring you a

"Special Edition"
Shabeh Jomeh



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Saturday, April 4, 2009
6:00 PM – 8:00 PM